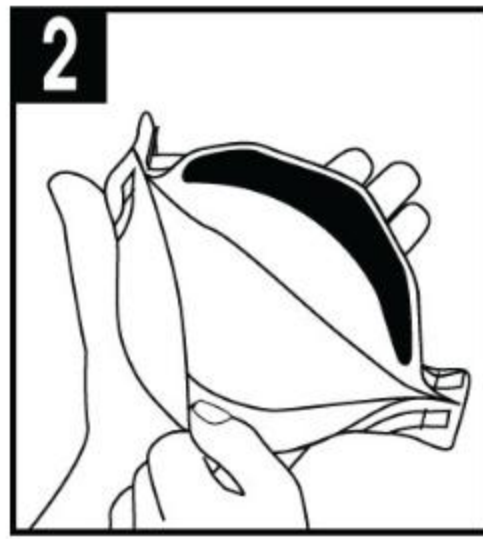


HOW TO APPLY - DONNING

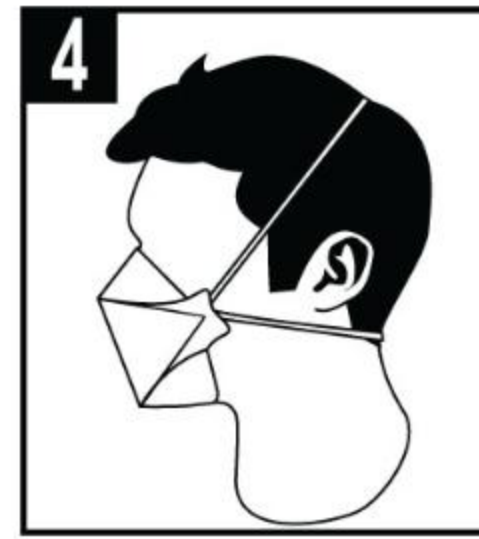

Position the respirator in the palm of your hand with the nose strip at your fingertips, ensuring both head straps are untwisted over the back of your hand.



Open both the top and bottom panels of the mask and make a bend in the foam nose seal. Place the lower panel under the chin and the upper panel with the foam nose seal over the nose bridge and underneath the eyes.



Holding the respirator with one hand, position the top untwisted head strap to the crown of the head.



Draw the lower untwisted head strap up and over the face to below the ears and back of the neck. **DO NOT CRISS CROSS HEADSTRAPS.**



With both hands, mould the foam nose seal at the top of the mask to the nose bridge and cheeks ensuring a secure fit and seal.



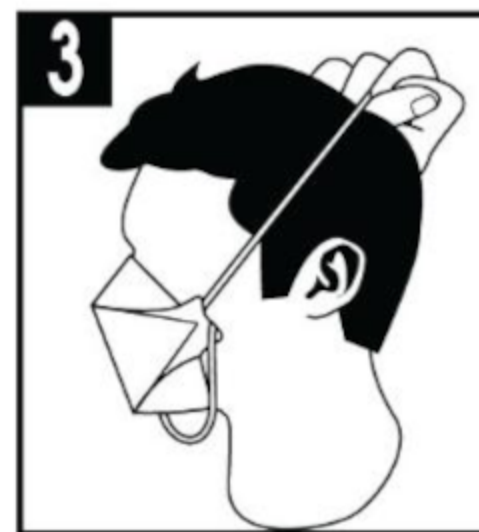
Perform a fit check (see fit check list below). Cover the front of the respirator with both hands. Inhale and exhale sharply.

HOW TO REMOVE - DOFFING

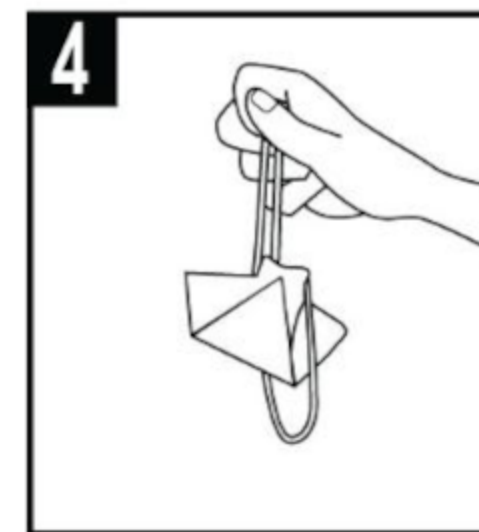

The respirator may be contaminated. Touch only the head straps when



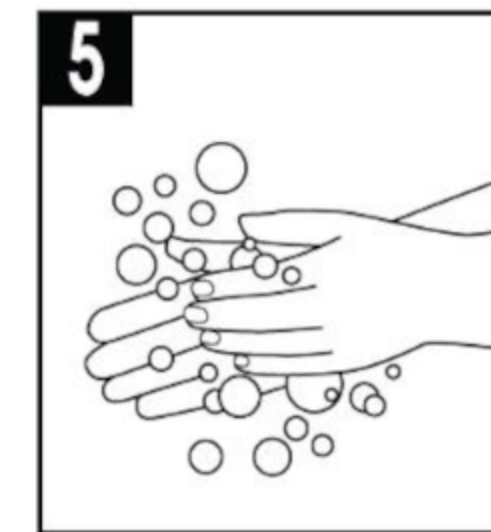
Pull the bottom strap over the top of the head.



Pull the top strap over the top of the head.



Dispose of respirator into the appropriate waste receptacle in accordance with



Wash and sanitise your hands thoroughly.